

# Husband's Support for Wife Who Experience Ca Mamae at Haji Adam Malik Hospital Medan

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**Abstract:** Husband support is a very important factor for women suffering from breast cancer, where husband support consists of instrumental, informational, judgmental/appreciative and emotional support. This study aims to find out the husband's support for wives who experience Ca Mamae at Haji Adam Malik Hospital Medan in 2024. The research design used is descriptive research. The sampling technique used purposive sampling with a sample of 41 respondents. The instrument used was a questionnaire sheet. The results of the study based on the dimension of instrumental support were in the category of adequate, 51.2% of the research results were in the category of adequate, the results of the research based on the dimension of appraisal support/appreciation in the category of 61% were in the adequate, the results of the research based on the dimension of emotional support showed the adequate-category of 51.2%, the overall level of support of the husband to the wife who experienced ca mamae showed that around 56, 2% in the good category. The results of the study can be concluded that the more family support increases, the more patients suffering from breast cancer can undergo their treatment with enthusiasm. Researchers suggest that families increase their husband's support for wives who have breast cancer.

**Keywords:** *CA Pain; support; Husband*

## 1. Introduction

The physical changes experienced by breast cancer patients can indeed have a significant psychological impact. Women with breast cancer often experience anxiety related to the treatment they will undergo and the impact it will have on their body and appearance. This can affect their interpersonal relationships with others, including their partner. Many efforts are made by clients to overcome this psychological impact, such as seeking support from family, friends, and mental health professionals, as well as engaging in therapy or support groups (Nurhidayati & Rahayu, 2017). Treatment of breast cancer often involves a variety of approaches, including breast lifting, chemotherapy, and immunotherapy, depending on the individual stage and characteristics of the cancer. However, it is important to remember that while there are different types of treatment available, there is no guarantee that the cancer will be completely cured especially if it has reached the terminal stage. Terminal stage of breast cancer refers to a stage of the disease in which the cancer has spread widely to other parts of the body and may be difficult to treat effectively. At this stage, treatment goals are often more focused on improving the patient's quality of life, reducing symptoms associated with cancer, and providing adequate support (Arbaiyah, 2021).

Ca Mammae is one of the leading causes of death worldwide. Ca mammae is also one of the non-communicable diseases that most affects women, breast cancer has a contribution of 30% and is the most dominant type of cancer in Indonesia and beats cervical cancer which contributes 24% (Sumarni et al., 2021). In Indonesia there is no accurate statistical data, but data collected from hospitals shows that breast cancer is ranked first among other cancers in women. Each year, in the United States 44,000 patients die from this disease while in Europe more than 165,000. After treatment, about 50% of patients develop end-stage breast cancer and only survive 18-30 months and the prevalence is quite high. Breast cancer can also occur

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in men, but the prevalence in women is much higher than in men. The most common types of cancer in women are breast cancer and cervical cancer, while in men it is lung cancer and colorectal cancer. The ratio of breast cancer incidence in women and men is 100:1 (Rizka et al., 2022). Pengobatan kanker payudara sering melibatkan berbagai pendekatan, termasuk pengencangan payudara, kemoterapi, dan imunoterapi, tergantung pada stadium dan karakteristik individu dari kanker tersebut. Namun penting untuk diingat bahwa meskipun ada berbagai jenis pengobatan yang tersedia, tidak ada jaminan bahwa kanker akan sembuh total terutama jika sudah mencapai stadium terminal. Stadium terminal kanker payudara mengacu pada tahap penyakit di mana kanker telah menyebar secara luas ke bagian tubuh lainnya dan mungkin sulit untuk diobati secara efektif. Pada stadium ini tujuan pengobatan sering kali lebih fokus pada meningkatkan kualitas hidup pasien mengurangi gejala yang terkait dengan kanker, dan memberikan dukungan yang adekuat (Arbaiyah, 2021).

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The high death rate due to cancer in Indonesia can be caused by several factors, such as a lack of public knowledge about the early symptoms of cancer, risk factors for cancer, and proper treatment. Unhealthy lifestyle habits can also increase the risk of developing cancer. In addition, limited access to proper health services and lack of awareness of the importance of early detection of cancer can also cause many people to seek treatment when the cancer is already in its advanced stages. This not only increases the risk of death, but also results in higher medical costs. Increasing awareness of early symptoms of cancer, regular check-ups, and habituating a healthy lifestyle are important steps to reduce the cancer death rate in Indonesia. Socialization and public education about the importance of cancer prevention and early detection also need to be improved (Sundari et al., 2022).

Breast cancer is indeed one of the most common types of cancer suffered by women worldwide, and it is also the leading cause of death among them. In the United States, one in eight women is expected to develop breast cancer during her lifetime. Treatment for breast cancer often involves surgery followed by radiation therapy to reduce the risk of cancer spreading or metastasis. According to estimates by the International Agency for Research on Cancer (IARC), Globocan, breast cancer has the highest new incidence rate (43.3%) and mortality rate (12.9%) among women worldwide. In Indonesia alone, the incidence of breast cancer reaches 0.5 per 1000 women according to data from the Ministry of Health of the Republic of Indonesia in 2015. Support from husbands is also considered very important for women who are facing breast cancer problems. The types of support from the husband include informational, evaluative, instrumental, and emotional support, all of which can help in the healing process and address the pain that the patient may be experiencing. This support can also play a role in maintaining the mental health of patients who are disturbed due to their health conditions. Therefore, the role of the husband and the support of the closest people are very important in supporting the lives of patients affected by breast cancer (Sundari et al., 2022).

The role of husbands in supporting breast cancer patients, especially in maintaining their mental health. Ensuring that the patient does not experience stress or depression due to his illness is an important responsibility for the husband. Husband's support has a significant influence on the mental health of breast cancer patients, especially for those who have had a mastectomy. Husbands can play an important role in helping patients cope with the physical and emotional changes that may occur as a result of the medication and medical procedures performed. The implementation of health care for family members, including the husband,

does have a great impact on the overall health condition of the family. Therefore, the husband's support and attention to their partner's health is very important, both in terms of health management strategies and rehabilitation periods. Breast cancer treatment, as mentioned, can involve chemotherapy as one of the main methods. This process involves administering anti-cancer drugs either orally or intravenously, and should be done according to proper medical instructions. In this context, the role of the husband serves not only as a support, but also as a partner in the treatment and recovery of breast cancer patients. The emotional and practical support provided by the husband can contribute significantly to the well-being and recovery of the patient (Sumarni et al., 2021).

Chemotherapy is one of the main treatment methods used in the treatment of breast cancer, both in the early and advanced stages when surgery is no longer possible. Chemotherapy can be given individually (as one type of drug) or in combination (several types of drugs given together). The main goal of chemotherapy is to kill cancer cells and prevent the division of cancer cells from multiplying. By inhibiting the growth of cancer cells, it is expected to stop the spread of the disease and extend the life expectancy of patients. This treatment method is usually adjusted to the patient's specific condition and the treatment plan that has been set by the treating medical team (Retnaningsih et al., 2022).

Side effects of chemotherapy can vary depending on the type of chemotherapy drug used and the individual sensitivity of the patient. Some of the side effects that often occur include nausea, vomiting, fatigue, weight loss, hair loss, and decreased red and white blood cell count. These side effects can occur during the chemotherapy treatment period or shortly after. Serious side effects can also occur, such as decreased function of certain organs, infections, and other health problems. It is important for patients to understand the potential side effects of chemotherapy and talk to their medical team about how to manage them. The medical team will typically monitor and treat any side effects that arise during treatment to ensure the patient remains comfortable and safe (Djuwarno et al., 2023).

Chemotherapy can cause significant side effects, the benefits of which are often considered to be greater, including in preventing the spread of cancer (metastasis) to other organs. Breast cancer does have a significant impact on a person's physical and mental health. The quality of life of patients with breast cancer, both in its early and advanced stages, can be affected by a variety of factors, including the type of treatment received and the physical fatigue that may be felt. It is important to consider both the side effects and benefits of each treatment method, as well as ensure that patients receive adequate support to maintain their quality of life during the treatment process. The physical, emotional, and mental support provided to patients with breast cancer can help them face the challenges they face and improve their quality of life in the long term (Agustiani, 2019).

Husband's support to a wife suffering from breast cancer is a very important step in understanding the role of social support in the cancer patient's experience. Husband support can have a significant impact on a patient's emotional, mental, and physical well-being. Through a systematic review, this study will make it possible to collect and analyze data from various relevant studies on husband support for wives with breast cancer at Haji Adam Malik Hospital. Thus, it will be possible to gain a deeper understanding of how the husband's support manifests itself in attitudes, actions, and acceptance of the wife who is struggling with this disease. The results of this study will provide valuable insights for medical personnel, counselors, and mental health practitioners in designing more effective and targeted support programs for breast cancer patients and their families. It can also help increase public understanding of the importance of social support and the role of the husband in the healing journey of breast cancer patients. Research related to this topic will be analyzed using a systematic review and the Husband is seen as an integral part of the Husband's environment because the Husband member is indeed that the supportive person is always ready to provide help and assistance (Sundari et al., 2022).

## 2. Methods

The type of research design used in this study is a descriptive research design. The population in this study is 70 people, with a sample of 41 people. Sampling was carried out using *the slovin* formula. In this study, the author did not conduct a validity test and because the reliability of the questionnaire was adopted from the previous study. In this study, the author did not conduct a career test on the reliability of the questionnaire adopted from the book Yuswandi (2018 the reliability test of husband support was worth croanbach's alpha 0.945.

This research is also ethically feasible from the ethics commission with No. 170/KEPK-SE/PE-DT/V/2024.

## 4. Results and Discussion

Table 1 Distribution of frequency and percentage of demographic data of husband support for wives who experience ca mammae at Haji Adam Malik Hospital

Characteristic	<i>f</i>	%
Age		
26-35 years old (Early Adult)	3	7.3
36-45 years old (Late Adult)	7	17.1
46-55 years old (Early Elderly)	19	46.3
56-65 years old (Late Elderly)	9	22
>65 years old (Senior)	3	7.3
Total	41	100
Education		
SD	9	22
SMP	7	17
SMA	17	41.5
College	8	19.5
Total	41	100

**Tabel 2** Distribution of Frequency of Husband Support for Wives Experiencing CA Mammae Based on Instrumental Dimensions at Haji Adam Malik Hospital in 2024

Instrumental support	<i>F</i>	%
Good	19	46.3
Enough	21	51.2
Less	1	2.4
Total	41	100

**Table 3** Frequency and percentage distribution based on data on Husband Support for Wives Experiencing CA Mammae based on informational dimensions at Haji Adam Malik Hospital in 2024

Informational support	<i>F</i>	%
Good	21	51.2
Enough	20	48.8
Less	0	0
<b>Total</b>	<b>41</b>	<b>100</b>

**Table 4** The distribution of frequency and percentage is based on data on husband support for wives who experience CA Mamae in the assessment/award dimension at Haji Adam Malik Hospital in 2024.

Assessment/reward support	<i>f</i>	%
Good	16	39.0
Enough	25	61.0
Less	0	0
Total	41	100

**Table 5** Frequency and percentage distribution based on data on Husband Support for Wives Who Have Emotional Dimension CA Mamae at Haji Adam Malik Hospital in 2024

Emotional Support	<i>f</i>	%
Good	20	48.8
Enough	21	51.2
Total	41	100

**Table 6** Husband's Support for Wives Who Have CA Mamae at Haji Adam Malik Hospital in 2024

Husband's Support	<i>F</i>	%
Good	24	58.5
Enough	17	41.5
<b>Total</b>	<b>41</b>	<b>100</b>

## 5. Discussion

### Warm Support I For Istr I Who Experienced Ca Mamae At Haji Adam Malik Hospital Medan In 2024

The data obtained on husband's support for wives based on instrumental support were 19 people (46.3%) who behaved well, 21 people behaved quite well (51.2%) and behaved less than 1 person (2.4%).

The researcher assumes that the husband's instrumental support (53.6%) is in the category of sufficient and poor. This is because the husband does not always provide time, the husband can seek help from other family members or close friends to help take care of his wife in daily medical needs, so that the wife can have enough time and energy. In addition, the husband can provide strong support by motivating the wife to stay focused and not give up in the efforts made in her treatment.

The husband's limited time in providing practical support can make the wife feel isolated or not fully supported in her treatment efforts. This lack of husband support can hinder the wife's motivation in developing his wife's treatment. It is important to seek alternative

solutions or help from other resources, such as family or friends, to help ensure that the wife remains supported in the treatment that the wife is undergoing such as chemotherapy. Some respondents also revealed that their husbands did not always remind them to stay active in their wife's treatment.

Research assumes that the husband's support is categorically good. The husband can actively accompany the wife to every medical treatment and consultation session. This not only provides physical support, but also shows the presence of the husband. Husbands can help in maintaining the physical health of their wives by inviting them to light exercise or doing fun activities together, which can help reduce stress and improve overall well-being. The husband can work with the wife to develop a long-term financial plan that accommodates the cost of long-term treatment and any follow-up care that may be required. It involves open communication and collaboration to ensure that the family's financial needs are met throughout the wife's treatment journey.

This research is also in line with research conducted by (Dwi Wahyuni Ambali et al., 2022). Husband support is lacking because it affects the coping mechanism of patients where the husband has a low level of knowledge. Families who do not know and do not care will affect the patient where the patient needs support from the closest people around them, namely the husband. If the husband's support is lacking, it results in a coping mechanism so that the patient has adaptive coping.

The research of Nurhidayati & Rahayu (2019) is in line with the research conducted by the researcher, namely on instrumental support. Family support, in this case the husband, emotional support, namely the family as a safe and peaceful place for rest and recovery and helping to master instrumental support. Instrumental support. The instrumental support obtained in the five couples is financial support, helping to get food and drinks, delivering chemotherapy, providing entertainment facilities in the form of music and chatting, and reminding the chemotherapy schedule.

This research obtained sufficient results through the instruments used, namely in statement number 3 "My husband reminds me to stay active in treatment without thinking about the cost of treatment", number 5 "my husband supports the treatment process without thinking about treatment", number 7 "If there is a sudden need in treatment, I immediately inform them. The result of the co-ordinator with the most questions number 3 is never in question numbers 5 and 7 sometimes because of instrument problems, namely (lack and enough).

This research is in line with the research of Mohdari et al., (2019). The form of instrumental husband's support for the wife with ca mammae in the edelweis room of the Ulin Banjarmasin Hospital is enough where the wife of the husband makes the wife feel sufficiently cared for, causes confidence, and enthusiasm. The existence of the husband's support will make the wife appreciated, loved, cared for and still feel considered as a partner, emphasized by Friedman's theory, namely that the husband's family support includes the husband's attitude, actions, and acceptance of (wife) with breast cancer. So that it can be seen from the results, the husband to his wife with breast cancer, the husband provides support to his wife by providing encouragement, accompanying in the chemotherapy process, providing care at home, and helping in his wife's household chores. Husband support plays a very important role in the process of treating wives with ca mammae, in providing support in the form of actions and giving encouragement to the wife.

This research is also in line with research conducted by Safitri, (2020) which states that instrumental support is the closest support for wives who experience ca mammae, who entrust all the fulfillment of their needs to their families, families who meet the needs of clothing, food and thus the wife is very helpful in her treatment, This also affects the smooth treatment of patients, especially in terms of costs and treatment, Because it will help the enthusiasm for ca mammae patients to be more active in carrying out treatment.

Above informational support with husband support for wives who experience CA Mammae of 41 respondents support husbands to wives who experience CA Mammae who behave well (51.2%) and behave moderately as many as 20 people (48.8%).

The researcher assumes that the husband's support when the patient undergoes treatment ca mammae, at Haji Adam Malik hospital it is known that there are still many husbands who accompany in undergoing treatment, including providing a lot of support that makes the patient during the treatment period feel enthusiastic in doing treatment in a good stage. However, some of the patients who have husbands are not accompanied, the patient still receives support from the patient's family who takes care of the patient himself as well as support from information in sufficient stages. Therefore, the author obtained data results

from questionnaires (husband's support for wives who experience ca mamae) wives who experience CA Mamae from 41 respondents whose husband's support to wives who experience ca mamae who behaved well 21 people (51.2%) and behaved moderately as many as 20 people (48.8%).

Informational support is that the family functions as a collector and disseminator (disseminator of information) (Rosa et al., 2022). Information support was obtained both related to the needs of the respondent which included providing advice and feedback on the individual's condition, and the family kept in communication with the patient to ask about the patient's condition in carrying out treatment on a daily basis. Informational support is the support or assistance provided by the family in the form of advice or input, advice and direction and provides important information needed by the sick family in an effort to improve their health status. And the number question

13 My husband reminds me to stay rested and do treatment without thinking about things that can hinder treatment. 14 My husband always explains things that I don't know about the treatment process. and questions number 13 and 14 are sometimes (enough).

The support of information obtained in the results of the research of couples who are not actively asking questions and are even afraid of their wife's condition, and do not provide supportive reading facilities. Only one couple actively wants to ask their doctor, the other asks through their relatives or children. Informational support is the provision of information related to what the respondent needs. And the informational support system regarding individuals who are sick due to the characteristics of education is diverse. The higher the education, the higher the desire to find out, in low education comes from outside the region and it is difficult to find information through magazines, the internet, or discussions with people with the same disease (Nurhidayati & Rahayu, 2017).

This research is in line with research conducted by Ambali et al., (2022) which said that the support provided by families can be in the form of verbal or non-verbal information or advice, real help, or actions provided by social familiarity or obtained because of their presence and have emotional benefits or behavioral effects for the recipient. In this information support, the family is an information collector and informer. Lack of family support will shape the behavior of others to be less good because with the lack of family support will help a person will feel uncared for and cared for which makes him even more stressed. Similar to the research of Rosa et al., (2022) with the title 'The relationship between family support and quality of life in breast cancer patients undergoing chemotherapy at Dr. H. Lampung Provincial Hospital, the results showed that most of the respondents with good category husband support amounted to 41 people (60.3%).

assessment/appreciation support with husband support for wives who experience CA Mamae From 41 respondents, most of the husband's support for wives who experience CA Mamae who behaved well was 16 people (39.0%) and behaved quite well, 25 people (61.0%).

Based on the researcher's assumption that in this assessment / award support the husband or family provides support in the category of good enough, Dukugan assessment is the assistance or support provided by the husband to the wife who experiences CA Mamae. Social support provided by husbands can be in the form of emotional support which includes expressions of empathy, and attention to the wife in detecting breast cancer, such as husband support which makes the wife feel valuable and valuable, instrumental support, namely husband support including direct assistance obtained by the wife in the form of accompanying the wife during early detection, informational support which is giving advice, Briefing, advice, and feedback to wives in early detection of breast cancer. Based on the above phenomenon, researchers are interested in conducting research on the support system of husbands to wives in the detection of breast cancer. Award support or assessment is the family acts to guide and mediate problem solving, as a source and validator of the identity of family members, including providing support, rewards, and attention.

Based on the results of the study, there is still a sufficient level of support from the husband. This is because most of the patients with CA mamae get enough assessment support/appreciation from their husbands. As for the question of the dimension of assessment/appreciation which is in the category of enough with my illness starting to improve, treatment or taking medication, my husband always provides support. And this question numbers 20 and 21 are sometimes (enough).

According to research by Arania et al., (2021) states that award support can be in the form of feedback guidance, guidance and problem-solving and as a sumber and family identity. A form of award support can also be in the form of activities for parents to spend time with patients at home, providing time and energy to accompany control patients to

health facilities and increasing awareness for treatment. Appreciation support through positive expressions and encouragement to move forward can be expressed as kind and polite words to others, because then others will feel appreciated.

Based on research (Nuryatno, 2019) it is stated that giving good hope will improve physical health in CA Mamae patients, and can improve adaptive and cognitive abilities, reduce loneliness and improve self-ability in processing CA Mamae, with the support of family support, the dimension of appreciation/recognition will reduce complications and improve the quality of life so that they are able to actualize themselves in their environment in accordance with their abilities and limitations. he owned. (Andriani et al., 2022), shows that the reward dimension is able to increase enthusiasm, motivation, increase self-esteem, feel useful and appreciated by the husband even though he is sick, so that the sufferer will try to improve his health status. Support for appreciation and positive assessment of motivation so that they are more enthusiastic about controlling the patient's disease.

emotional support with husband support for wives who experience CA Mamae Of the 41 respondents, it was mostly obtained that the husband's support for wives who experienced CA Mamae who behaved well was 20 people (48.8%) and behaved moderately as many as 21 people (51.2%).

From the results of this study, the researcher assumes that the good category of emotional support of husbands to wives who experience CA Mamae shows greater attention to the wife's condition, by providing continuous emotional and physical support. He may feel deep concern and anxiety about his wife's health as well as the future of their family, which can affect his emotional stability. In dealing with this situation, the husband usually shows a deeper level of empathy, such as providing a special residence for the wife which is a special halfway house for patients who experience CA Mamae. The husband also seeks to be actively involved in the wife's treatment and recovery, as well as seeking the necessary information.

Meanwhile, the category of sufficient emotional support of husbands to wives who experience CA Mamae is sufficient because the husband does not accept and recognize changes in the patient's nature during treatment. Emotional family support can be provided in the form of expressions of empathy and attention to individuals, with such support can provide a sense of comfort, security and love so that individuals can face problems well. The research conducted by the researcher is that instrumental support is obtained sufficient results through the instruments used, namely in statement number 27 "I feel appreciated and loved by my husband in the treatment process", number 28 "My husband always pays attention to my health and avoids me in excessive fatigue". The questions in numbers 27 and number 28 are the ones that state sometimes (enough).

This research is in line with research conducted by Yulia (2020) stating that emotional support is a dimension that is easy to get in the family. Family acceptance under any condition is very important emotional support and is included in the family's affective function. This emotional support will make DM patients always alert and control their emotions towards existing complications and can reduce feelings of inferiority towards the condition of physical limitations experienced by the patient.

This research is in line with the research of Ambali et al (2022) who stated that the coping mechanism is influenced by family support in the form of emotional support that makes people believe that they are cared for and loved. When undergoing activities, the elderly always get good support from their families so that the elderly are always motivated and feel cared for by the family, this shows that effective communication in the family will easily recognize emotional needs and the elderly will feel that their needs are met so that the elderly have adaptive coping skills, the elderly feel calmer from anxiety, stress when experiencing problems. This shows that most of the respondents have accepted with different cultural backgrounds, both language, environment and way of life and have adapted to their environment and always receive support from their families so that the respondents already have coping to face every problem. Individuals who have a good response will have their own coping.

Social or peer support is physical and emotional comfort provided by family (husband), friends, co-workers, community or society. The social support obtained, has benefits for the individual. This is because the existence of social support can make individuals realize that there are people who really care, appreciate and love them. Emotional support is the family as a safe and peaceful place to rest and recovery and help with emotional mastery. Emotional support is manifested in the behavior of feeling belonged, loved, building confidence to heal, improved communication with the partner, acceptance by the partner, empathy and caring



attitudes, trust in the partner, sense of understanding in the partner and showing affection (Nurhidayati & Rahayu, 2017).

Husband support that of the 41 respondents, most of the husband's support for wives who experienced CA mamae who behaved well was 24 people (58.5%) and behaved moderately as many as 17 people (41.5%).

Research assumes that the husband's support for his wife is very sufficient because the husband's attention and affection are greatly reduced. Where the condition of the wife is not good. So that the wife's enthusiasm in her treatment is greatly reduced because there is no husband who supports her treatment. So in the husband's support for his wife, it is very sufficient because not all husbands can support the wife's treatment.

Husbands who are willing to be by their side, both in difficult times and in more pleasant moments, strengthen their emotional bond as a couple. This not only improves the quality of life of the wife during the healing process, but also builds a strong foundation to face the challenges together in the future.

In line with research conducted by Misgiyanto & Susilawati, (2019), one of the supporting factors for ca mamae patients is family support, with family support in patients will increase confidence in facing the treatment process of their disease, while lack of family support in breast cancer patients, patients will experience depression and anxiety, this is three times more at risk of not complying with treatment compared to patients who are not depressed.

In line with the research conducted by Kroenke et al., (2020). Not only that, ca mamae patients with small family support from the people around them have a higher risk of death compared to patients who have large support and if the patient does not get support from the family, the survival rate will also decrease.

In line with research conducted by (Aulia Ramadhayanti et al., 2018). Family Support is a form of interpersonal relationship that includes attitudes, actions and acceptance of family members, so that family members feel cared for and supported, in patients ca mamae support is needed because it is important to have family support to influence the attitude of cancer patients so that cancer patients feel calmer and more comfortable in undergoing treatment. Family support for the patient will also provide a positive response so that the patient feels cared for, loved, feels that his life is valuable, more confident in facing the disease treatment process and fosters hope so that it can reduce stress on the patient.

## 6. Conclusions

Based on the results found by the researcher on the description of husband support for wives who experience CA Mamae at Haji Adam Malik Hospital in 2024 with a sample of 41 respondents, it can be concluded that: Husband's support for wives who experienced ca mamae at the Adam Malik Hospital Medan based on instrumental support was in the sufficient category of 21 respondents (51.2%). Husband's support for wives who experience ca mamae at the Adam Malik Medan Hospital based on informational support is in the respondents as much as the respondents (48.8%) The husband's support for the wife who experienced ca mamae at the adam malik medan hospital based on the support of assessment/appreciation was at enough 25 (61.0%). The husband's support for the wife who experienced ca mamae at the Adam Malik Medan Hospital based on emotional support was at enough as much as 21 (51.2%) Husband's support for wives who experienced ca mamae at the adam malik medan hospital who behaved well 24 people (58.5%).

**Conflicts of Interest:** The authors declare no conflict of interest

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